

<p>Deltona Goju Karate Academy 2820 Doyle Road Suite 8 Deltona, FL 32738 321.299.4797</p> <p><b>After School Karate Program</b></p> <p>Enroll your child in an after school karate program that teaches; Courtesy, Self-Control, Integrity, Respect, Discipline and Self-Defense.</p> <p>At Deltona Goju Karate we work with parents and teachers to encourage children to be the best they can be.</p> <p>We pick your child up from school and take them to the karate school. At the dojo your child has time to do homework, play, socialize and participate in a 45 – 60 minute karate class daily.</p>	<p>Deltona Goju Karate Academy 2820 Doyle Road Suite 8 Deltona, FL 32738 321.299.4797</p> <p><b>Kids Evening Karate Classes</b></p> <p>Okinawan Goju Ryu is one of the main traditional styles of Karate, featuring a combination of hard and soft techniques founded by Master Chojun Miyagi. You will learn fundamentals taught in Okinawan Goju Ryu Karate; Kicking, Blocking, Punching, Sparring, Self-Defense and Kata(open hand and weapons).</p> <p>Exercise, Discipline, Respect and Build Confidence.</p>
<p>Deltona Goju Karate Academy 2820 Doyle Road Suite 8 Deltona, FL 32738 321.299.4797</p> <p><b>Kick Boxing Classes</b></p> <p>Mix up your routine with the balance, coordination and strength building moves of boxing and kick boxing while burning up to 1000 calories. These high-intensity classes are a great full body workout, incorporating a broad range of punches, kicks and athletic drills. Training like this will physically prepare you for whatever punches life throws your way!</p> <p>From Beginners to Advanced</p>	<p>Deltona Goju Karate Academy 2820 Doyle Road Suite 8 Deltona, FL 32738 321.299.4797</p> <p><b>Adult Karate Classes</b></p> <p>Karate is a great way to improve yourself, By combining personal development, self-defense and physical fitness. Karate develops your mind, body, and spirit.</p> <ul style="list-style-type: none"> <li>• Have More Energy</li> <li>• Reduce Stress</li> <li>• Build Confidence</li> <li>• Get In Shape</li> </ul> <p>From Beginners to Advanced</p>

